

FAMILIES OF THE FUTURE – 2001
IOWA STATE FAMILY READINESS CONFERENCE
20 & 21 April Training Sessions



Friday Training Sessions
 If possible, attend these sessions

	Session 1	Session 2	Session 3	Session 4
6:00 – 8:30 PM	Hospitality Room- Presidential Suite			
7: 00 – 7:30 PM	Newcomers Brief Conference Expectations			
7:30 – 9:00 PM	Aerobics /Stress Relief	Massage Therapy/ Learn Relaxation	How to Start a Family Readiness Group (FRG)	Gemstones (7:30 – 9:30 PM)

Saturday Afternoon Training Sessions

	Session 1	Session 2	Session 3	Session 4
1:00 – 2:00 PM	Protocol	Youth Panel	Awards/State Office Resources	Gemstones Part 1
2:00 – 2:15 PM	BREAK	BREAK	BREAK	BREAK
2:15 – 3:15 PM	How to Start a FRG	Parent to Parent	Retention Issues	Gemstones Part 2
3:15 – 3:30 PM	BREAK	BREAK	BREAK	BREAK
3:30 – 4:40 PM	Protocol	Legal Affairs	Reunions	Surviving Separation
Enclosure 4				

